



## Requirements Longfonds Young investigator – Rutgers Kickstart Grant

### Criteria for Pre-applications

Should you have any questions about the conditions listed below, please feel free to contact us via [email](#). If you consider your project a good fit for Longfonds however it does not meet one or more of the criteria below, please include a justification in your application.

In 2025 LONGFONDS aims to provide at least two personal Junior Investigator Grants of up to €250,000. One of the grants – the Rutgers Kickstart Grant – is allocated explicitly to a promising research proposal in the field of prevention or early diagnosis.

### Longfonds applies the following criteria to determine whether your research proposal is suitable for submission

1. The target group for a personal grant from the Longfonds consists of excellent researchers (m/f) who belong to the top 20% of their peers, as assessed by the Scientific Advisory Committee (WAC). This committee includes representatives from various scientific disciplines as well as patients. Grant applicants are expected to convincingly demonstrate the originality and potential of their ideas to others. The researcher must have published (or had accepted for publication) at least three articles as the lead author in leading international peer-reviewed scientific journals.
2. Candidates are free to choose the institution where they will conduct their research. It is recommended that at least part of the research be carried out abroad. While this is encouraged, it does not play a decisive role in the evaluation. A proposal will not be unconditionally rejected if an international research stay is not feasible. For researchers who already have proven international experience, this criterion will be weighted less heavily.
3. Candidates can apply within five years after obtaining their PhD. Delays due to pregnancy or (medical specialist) training will be taken into account. The Longfonds follows the NWO regulation, allowing an 18-month extension per pregnancy. Applications can be submitted by researchers both with and without a permanent employment contract.
4. The maximum duration of a Jr Investigator project is generally three years. Exceptions are possible if well-justified and approved by the Scientific Advisory Board (SAB).

5. The research project should focus on diseases that primarily originate in the lungs. The medical conditions that the research can focus on are:
  - Asthma and/or respiratory allergies in relation to asthma
  - COPD (Chronic Obstructive Pulmonary Disease)
  - Pulmonary arterial hypertension
  - Sarcoidosis
  - Idiopathic pulmonary fibrosis
  - Respiratory peri- and postnatal conditions (including bronchopulmonary dysplasia)
  - Non-CF-related bronchiectasis
  
6. To be eligible for the Jr Investigator grant in 2025, your research project must align with the themes outlined below.

### **Themes**

#### **1. Who develops a lung disease?**

Early detection of chronic lung diseases is a societal challenge. Increased knowledge in (early) diagnosis and phenotyping of asthma and COPD is therefore crucial.

#### **2. How can we prevent chronic lung diseases?**

Preventing lung diseases is of great importance to society.

#### **3. How can we recognize and prevent lung attacks?**

Understanding and solving issues related to lung attacks is vital for people with chronic lung disease.

#### **Examples**

Improved diagnostics for asthma patients, both for children and in later life (in primary and secondary care) | Mechanisms of asthma development in early childhood | Role of air pollution in the onset and exacerbation of lung diseases | Improved understanding of the issues surrounding lung attacks: phenotyping (clinical/psychosocial), linked to more personalized treatment and identifying predictive markers for lung attacks | Use of artificial intelligence and e-Health tools for people with lung disease.

## **5. Patient Participation Requirements**

Longfonds sets minimum standards for patient participation to qualify for funding.

Patient participation involves engaging people with lung disease in your research—not as subjects but as discussion partners. Before submitting your application, please review the information on patient participation available on [our website](#). The Participation Compass website also offers a kickstart for researchers.

Our conditions are listed below. These requirements are based on the article by De Wit et al. (2016). This article, as well as the websites mentioned above, provides extensive background information on patient participation in research. This information will help you clarify and apply the following requirements.

1. Patient participation occurs in multiple phases of the research, ideally starting as early as possible. Longfonds places high value on research that considers the needs and views of people with lung disease. It is therefore advisable to involve people from your research's target group as early as possible. Patients and/or experts-by-experience can be involved at various stages and can take on different roles depending on the phase of the research.

2. A variety of forms of patient participation are used as much as possible, allowing patient experts to take on various roles.

An expert by experience is a patient who reflects on their own experiences, complements these with the experiences of others, can think beyond their personal illness, and has the skills to communicate this effectively. They may assume different roles in scientific research. Examples of roles include co-thinker, advisor, partner, and director. Forms of patient participation include patient panels, advisory boards, patient councils, steering committees, or focus groups.

3. Patient experts receive information and support at the start of the project as well as throughout the research.

The researcher's approach is crucial for successful collaboration. For instance, it is important for researchers and patient experts to discuss expectations and agree on what is needed to meet these expectations. Researchers should communicate the research progress and details in accessible language.

4. Patient experts are reimbursed for expenses.

At a minimum, patient participation involves reimbursing expenses for participating patient experts. Consider thank-you gestures such as gift cards. Be sure to include these costs in the budget.

5. The researcher must complete a 'patient participation in scientific research' training within the first year after approval or have done so recently.

Insufficient knowledge of effective patient participation can hinder collaboration with patient experts. Training helps address this. INVOLV and the School for Participation offer training for researchers and patients. These courses teach you how to incorporate patient participation in your research and provide a practical action plan. Up to €1,000 can be allocated for this course in the funding request.